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About Bruce Frantzis; My Teachers; Featured Videos; Contact; Qigong. September 12, 2013 2. In this video I talk briefly about the Yang and Wu tai chi styles and

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Bruce Kumar Frantzis (born April 1949) is a Taoist educator who studied Taoism in China. Contents 1 Biography 2 Authored Books 3 Personal life 4 References 5 External

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Bruce Frantzis is a lineage holder in both the Wu fitness levels to increase their core energy and attain vibrant health. Bruce's Picks; Tai Chi;

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